



# ANTIOCH WEEKLY

01.19.25

## Sunday Morning Education Hour

Our 9AM Sunday morning Education Hour has resumed for 2025 with teaching & programming for all ages! Our adult classes will focus on the distinctive marks of a disciple of Christ. Join us as we grow together!

## Annual Family Gathering

Save the date for our annual Family Gathering on Sunday, February 16 at 5pm. We'll gather together for a dinner and time of family discussion as we look ahead to the next year together. Be sure to **register on Church Center** to let us know you plan on coming!

## DNA Groups

Interested in joining one of Antioch's DNA groups? These small groups of 3-4 people are designed to provide a context for life-on-life discipleship as we Discover, Nurture, and Act! Reach out to Coley at [coley@antiochcommunity.org](mailto:coley@antiochcommunity.org) if you're interested in joining one!

## Contribute Toward the Mission

Want to help Antioch reach the community and make disciples? Give financially through the Church Center app, online at [antiochcommunity.org/give](https://antiochcommunity.org/give), or by dropping your financial gift in the black giving box at the back of our auditorium.

## Connect with Us!

If you'd like to get to know more about getting connected to Antioch, or joining one of our Community Groups, be sure to fill out our **online Connection Form**! We'd love to help connect you to what's happening in the life of our church!

# SERMON NOTES

“Pulling Rocks”

James 1:18-21

Most believers know the part that says, “Be quick to listen, slow to speak and slow to become angry”.

What is the context of these commands?

- Rocks, weeds, and fertilizer!

Be quick to Listen

- Proverbs 20:5

Be slow to Speak

- Proverbs 10:19
- Ephesians 4:29
- Matthew 12:34

Be slow to become Angry

- Ephesians 4:26-27

# SERMON DISCUSSION QUESTIONS

**Icebreaker:** Share a time when you witnessed Road Rage, or maybe in another setting... someone giving full vent to their wrath. What did you do? Was it you? Read Proverbs 29:11!

**Read James 1:18-21** out loud in your group, three times. Read it in different translations if possible. Write a one sentence summary of these verses. Try to get at the heart of the matter.

What do you think the purpose is for James commanding we be quick to listen, slow to speak, and slow to become angry? How does the context of verse 18 help us understand the practical commands in verses 19-21?

If you just got your report card, what grade did you get in the following classes over the past month?

- 101: Be quick to listen
- 102: Be slow to speak
- 103: Be slow to become angry

What are some practical steps you can take to raise that grade?

Why is it important to be slow to speak? How can our words impact others and our relationship with God?

Discuss the benefits of anger. In what ways does your anger honor God and help accomplish His will?

Discuss the dangers of anger. How can we manage our anger in a way that honors God?

What are some "rocks and weeds" (sins and pride) in your life that you need to remove to receive God's word more fully?

How can humility act as "fertilizer" in our spiritual growth? How does it help God's Word take root and grow fruit in us?

Can you recite James 1:19-20 together as a group? Discuss how living out these verses can transform our community or our families?